

The time is now...

*Results Guaranteed*

# 100 Days To Wellness

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Transition to a healthy lifestyle today.  
Hit the weight loss goals and gain the  
health benefits you are looking for all  
while learning how to truly live a better  
life!

## **Program:**

- 60 meals per month with eating plan
- All recommended nutrition complements.  
Tips, tricks, exercises, and recipes too.
- Personalized coaching plan & strategy
- 12 Coaching sessions
- 1 Hr monthly full body Massage
- Unlimited access to coach via email with  
priority response

**\*\*\*Limited time offer! – 26 Day Detox  
included for no additional cost to  
you! (\$120 value)\*\*\***

**Program Investment:** \$299 per month for 4  
months or 10% off at the start of  
program for \$1080



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